

Community Fun & Fitness Relays (CFFR)  
5.3.2026  
Carbondale Community High School Track

**RESULTS → RELAYS**

**4X100 Meters**

**Elementary School:**

Place	Participant	Time (mins:secs)
1st	Josie, Liam, & Xavier	1:17.5
2nd	Rebecca, Isaac, & Amelie	1:17.8
3rd	Anika, Cathy, Amelia, & Elden	1:21.5

**2X200 Meters**

**Parent/Adult-Child (Adult age 21+, child age 6-12):**

Place	Participant	Time (mins:secs)
1st	Ronnie & Amelie Metzger	1:04.3
2nd	Team Flash: Jared & Ansel Smith	1:14.9
3rd	Handoff Harmony: Sara Kaiser & Amelia Smith	1:18.1

**Open/Adults (Co-ed):**

Place	Participant	Time (mins:secs)
1st	LaNeal Nance & Michaela Cooper	1:09.8