

5TH-ANNUAL COMMUNITY FUN & FITNESS RELAYS (CFFR)
 5.21.23
 CARBONDALE COMMUNITY HIGH SCHOOL



RESULTS - **RELAYS**

OPEN 4X400-METER RELAY
 (FOR CO-ED TEAMS OF ANY AGE)

TEAM	TIME (IN MINUTES)	PLACING
Still Got It (Michael Little, Anna Little, Randy Feather, & Renee Feather)	5:10.52	1st
Not Sprinters (Brandon Epplin, Nicole Epplin, Nora Epplin, Owen Epplin)	5:21:39	2nd

PARENT/ADULT-CHILD 2X200-METER RELAY
 (FOR PARENT/ADULT AGE 21+ & CHILD AGE 6-12 YRS.)

TEAM	TIME (IN SECONDS)	PLACING
Marian & Nova (Marian Morris & Nova Morris)	57.52	1st
Team L.A. (LaNeal Nance & Laila Smith)	1:14.00	2nd
Fire Beast Runners (Anna Little & Emily Little)	1:16:10	3rd

TEAM	TIME (IN SECONDS)	PLACING
Black Queens (Carmetha Waddy & Iyona Newell)	1:32.80	4th

OPEN 2X200-METER RELAY
(FOR CO-ED TEAMS OF ANY AGE)

TEAM	TIME (IN SECONDS)	PLACING
Mystery Elites (Javion Oliver & Jon Oliver)	57.60	1st

CFFR KSA WORKSHOP 4X100-METER RELAY

(FOR PARTICIPANTS IN THE 4/23, 4/30, & 5/7 CFFR KIDS' SPEED & AGILITY WORKSHOP SERIES)

TEAM	TIME (IN SECONDS)	PLACING
The Fantastic Four (Rosie, Rebecca, Nathan, & Nova)	1:10.10	1st
The Lightning Pickles (Margaret Hogsett, Maven, Brittany Lalicker, & Amelie Metzger)	1:15.00	2nd
The Wasps (Christy Metzger-Stowell, Alice Metzger-Stowell, Amani Joi Roberts, & Gita Kohli)	1:20.60	3rd
Pink & Purple (Grethel Ruiz, Josie Lalicker, et al.)	1:24.80	4th

ELEMENTARY 4X100-METER RELAY
(CO-ED)

TEAM	TIME (IN SECONDS)	PLACING
The Question Marks (Chase Little, Yqueen, Josh, & Declan)	1:03.50	1st

SENIORS' 4X100-METER RELAY
(FOR CO-ED TEAMS RUNNERS AGE 60+)

TEAM	TIME (IN SECONDS)	PLACING
Old Time Racers (Vince Kamil, Terry Hickey, Joy Nur, & Fran Ganzekaufer)	1:40.90	1st
Silver Foxes (Georgina Boateng, Kathy Renfro, Joy Koenig, & Elaine Ramseyer)	1:55.10	2nd

OPEN 4X100-METER RELAY
(CO-ED)

TEAM	TIME (IN SECONDS)	PLACING
Fleet Foot Fource (Mykal Gary, Darryl Wood, LaNeal Nance, & Marian Morris)	54.50	1st
Mysterious Runners (Gita Kohli, Amani Joi Roberts, Christy Metzger, Brittany Lalicker)	1:24.70	2nd